



## ***Do You Have What It Takes?***

Test your skills on one of the 11 High Adventure Treks led by experienced Voyageur Guides. There's a trek for every skill level and each can be customized to meet your unit's specific interests. Rappelling, rock climbing, mountain biking, kayaking (on Massawepie Lake), white water rafting and visits to the Adirondack Museum in Blue Mountain Lake can all be incorporated into your Adirondack High Adventure Trek.

Treks are organized by individual Scouting units or councils. The size of each trek group is determined by the itinerary and is subject to state conservation law group limits. See each trek description for maximum group sizes. Leaders must be 21 years of age and approved by the local council. Trek participants must age 13 by January 1 of the trek year. Voyageur Guides are assigned to every trek group and are certified as meeting all New York State requirements. If you have only one adult leader over 21, our Voyageur Guide can act as the 2nd leader.

Fees cover food, tents, permits, transportation and other equipment needed for the trek. To reserve a Trek a \$300 deposit is required. On April 1st, an additional \$150 per person is due. On June 1st the final balance is due.

For 2011 Trek fees are on a sliding scale:

- 1-5 people           \$350/each
- 6-7 people           \$325/each
- 8 + people           \$300/each

The final balance due will be based on the number of people submitted on June 1st using the sliding fee scale. Any fees paid after June 1st require a \$25 per person late fee.

All fees paid after June 1st are **NON-REFUNDABLE** with the exception of medical reason or summer school.

Adirondack High Adventure Trek Center  
Massawepie Scout Camps  
Seneca Waterways Council, BSA  
474 East Avenue, Rochester, NY 14607

Reservations: 585-241-8545

Fax: 585-244-9403

Email: [camping@senecawaterways.org](mailto:camping@senecawaterways.org)  
[www.senecawaterways.org](http://www.senecawaterways.org)

Trek Director: Doug Turner

Off-Season Phone: 607-637-2434

Email: [dturner@pronetisp.net](mailto:dturner@pronetisp.net)

At Camp (6/15-8/20) 518-359-9550

BOY SCOUTS OF AMERICA

### ***Participant & Leader Requirements***

Participants in High Adventure programs must be a registered Boy Scout, Varsity Scout, Venturer, or Explorer as well as be 13 years of age by January 1 of the year of participation. Trek members must have group camping experience. Co-ed groups are required to include one male and one female advisor.

Registered Girl Scouts who have completed the eighth grade and have overnight camping experience may participate in the high adventure program. All Girl Scout groups will adhere to the Safety-Wide requirements for canoe trips.

The Seneca Waterways Council and Massawepie Scout Camps are receptive to the needs of those individuals with special needs. The Trek Lodge and facilities meet all ADA requirements, and trek programs are open to all individuals with special needs. Trip details may be adjusted to the abilities of the individuals.

All participants in canoeing treks must pass the National BSA swim test. At least one leader participating in the trek is encouraged to be certified in Red Cross Responding to Emergencies. Out-of-state groups should check with the Red Cross for a comparable course. All groups are required to follow all National BSA safety guidelines and wilderness use policies.

# Massawepie Scout Camps

present



the

# Adirondack High Adventure Trek Center

For more information  
visit [adirondacktreks.org](http://adirondacktreks.org)

## 2011 Trek Dates

**Week # 1 - July 3-9**  
**Week # 2 - July 10-16**  
**Week # 3 - July 17-23**  
**Week # 4 - July 24-30**  
**Week # 5 - July 31-Aug 6**

Treks begin on Sunday after lunch and conclude Saturday after breakfast with the first and last night's stay at the base camp area.

Treks are rated based on their degree of difficulty (physical endurance and outdoor skills needed).

**Ratings: 1=Easy to 10=Very Difficult**

Similarly, each trek is assigned a wilderness rating coinciding with the human activities encountered along the way rather than the physical landscape.

**Ratings: 1=See other groups and signs of civilization to 10=Total Solitude.**



## Backpacking Treks

### Old Mountain Phelps

**Difficulty: 3-8 Wilderness: 3 Max Group Size: 7**  
 Take on some of the most dramatic and wildest topography in the Adirondacks with the Old Mountain Phelps trek. The High Peaks region consists of over 40 summits with altitudes of greater than 4,000 feet. Exposed ridges, steep ascents, varying weather conditions and the remote location make this trek both challenging and exhilarating. Customize the trek to your group's abilities and skill level.

### Ebenezer Emmons

**Difficulty: 8-9 Wilderness: 8-9 Max Group Size: 7**  
 Named after the famed geologist who led a survey party on the first known ascent of Mt. Marcy in 1837, the Ebenezer Emmons trek travels through some of the most spectacular locations in the mountains. For the most determined trek groups only, this trek leads to the summit of Mt. Emmons, the most remote peak in the Seward Range. Backpack to Duck Hole and camp in ideal conditions. Continue on to the mouth of Indian Pass to another magnificent campsite. Take a dip in the pool below Rocky Falls and finish up with an easy jaunt to the Lodge.



## Canoeing Treks

### Nessmuk

**Difficulty: 3 Wilderness: 3 Max Group Size: 11**

Crossing several ponds, the Nessmuk Trek negotiates the landscape of the Raquette River and Tupper and Upper Saranac Lakes. Featuring some of the best scenery, historic camps and mountainside trips in the Adirondack Park, the Nessmuk Trek is ideal for groups seeking a moderate level of difficulty.

### Noah John

**Difficulty: 2 Wilderness: 4 Max Group Size: 11**

Paddle downstream from the Cedarlands Scout Reservation for a leisurely canoe trek. Stop along the route for a brief side-trek to Shattuck Clearing and enjoy the excellent trout fishing. Continue canoeing downstream for swimming, hiking, fishing and camping at Raquette Falls. Round out the trek with camping at Axton, Tupper or the Upper Saranac Lake.

### Perry Williams

**Difficulty: 7-9 Wilderness: 4 Max Group Size: 11**

Not for the novice canoeist, the Perry Williams trek explores the famous interior waterway of the Upper Fulton Chain. Begin at Blue Mountain Lake, negotiate several scenic lakes, small rivers and tough carries for a challenging and breathtaking trek route. Continue on to Axton for a lengthy hike or canoe on to Tupper Lake. Extend the route by beginning at Old Forge and concluding at Lake Kushaqua, or add a second week.

### General Alvin J. Blake

**Difficulty: 3 Wilderness: 3 Max Group Size: 11**

Begin the trek at Blue Mountain Lake with a tour of the Adirondack Museum. From there, navigate a chain of lakes and pass through the pristine Marion and Raquette Rivers, all on the way to the final destination at Long Lake.

### Paul Smith

**Difficulty: 5-8 Wilderness: 6 Max Group Size: 7**

Cross a variety of large lakes and small ponds in this trek that takes you into the St. Regis canoe area. Enjoy natural, shore-side campsites, clear-water swimming and test your hand a brook trout fishing in the excellent, high quality wilderness adventure.



## Combined Treks

### High Peaks/St. Regis Sampler

**Difficulty: 4-8 Wilderness: 3 Max Group Size: 7**

Combine the best of all worlds in this customizable trek. Canoeing, backpacking, day hiking, bushwacking and High Peaks climbing may be combined for a unique trek experience tailored to your group's interests and skill level. Follow the two and a half day mountain excursion with another two and a half days canoeing through the historic St. Regis area.

### Cranberry Lake & Forest

**Difficulty: 4-7 Wilderness: 5-7 Max Group Size: 11**

This trek is split into two components: hiking the remote trails of the Cranberry Lake wild forest and paddling through the water of Cranberry Lake itself. One of the largest lakes in the Adirondacks, Cranberry Lake offers several deep bays and miles of forested shoreline ripe for exploring. Take a side trip hike to Cat Mountain, High Falls or one of several other trails. Adjusted to the individual trek group, the hiking trails may cover as few as 10 miles or as many as 30.

### Massawepie's Own Trek

**Difficulty: 2-4 Wilderness: 7 Max Group Size: 11**

Ideal for groups new to wilderness camping, this short mileage trek is contained on the nearly 4000 acres of Massawepie Scout Camps property. Explore the famous Massawepie Mire, navigate the trail network or fish and enjoy the great outdoors at one of our many undeveloped lakes or ponds. Set up camp on a different body of water each night or opt to stay overnight on a nearby mountain campsite.

### Oswegatchie River Trek

**Difficulty: 8-9 Wilderness: 8 Max Group Size: 7**

Begin this trek with a scenic half day paddle to the west end of Low's Lake where the group begins a long canoe carry to the headwaters of the Oswegatchie River. The two and a half mile carry may be done in one day or as an overnight venture. While canoeing toward Cranberry Lake, survey several beaver dams, waterfalls and rapids in some of the most remote areas of the Adirondacks. This 30 mile trek may only be attempted by experienced and determined groups.